

RECOVERY WALKS!

4th Annual Walk for Recovery from Alcohol & Other Drug Addiction



**Sunday, September 21st, 2003
 Bushnell Park, Hartford, CT**

**Entertainment 10 am - 1 pm
 Walk Begins at 1 pm**

**Vendors Available and/or
 Bring Your Own Lunch**

Putting a Face on Recovery

Why Walk for Recovery?

The vision of CCAR is that "Society sees addiction treatment and recovery as a heroic and positive effort by the year 2005."

Three years ago, the **Connecticut Community for Addiction Recovery (CCAR)**, envisioned recruiting 50 people to walk near our state capitol to "put a face on recovery". Amazingly, 700 people showed. The purpose of the walk had struck a chord that resonated with the heart of the recovering community. Two years ago on a picture perfect Sunday only five days after 9/11, **Recovery Walks!** drew over 2000 people, not only to proclaim their support for recovery but to stand firm as Americans. Last year, more than 3000 individuals showed up to publicly declare their support for recovery from alcohol and other drug addiction. For three consecutive years Recovery Walks! has painted the recovering community in the light of respect using the broad strokes of courage, healing, hope and love.

CCAR is now organizing the 4th annual Recovery Walks! We are asking you to join us in this dramatic display of support for recovery from alcohol and other drug addiction. Over the last six years, CCAR, a private non-profit organization, has taken significant strides in "putting a face on recovery" and has become a well-respected, highly visible and vibrant grassroots organization whose membership includes more than 2500 persons in recovery, family members, friends and allies. We are the faces of your neighbors, business leaders, schoolteachers, legislators, clergy, police officers and others representative of your community. We believe that by being public about our recovery and through the power of our personal stories, we have incredible potential to become a teaching and healing force. Indeed, by having the courage to proclaim that "recovery from addiction is a reality" in our lives, CCAR has helped shape public policy, reduced the stigma surrounding addiction and has actively promoted recovery through all its activities. On **Sunday, September 21st, 2003** in **Hartford's Bushnell Park** thousands of individuals will offer themselves as "living proof" that recovery is real.

We need your help to remove barriers to recovery and open new doors for those still struggling with alcohol and other drug addiction. Please support CCAR and the recovery movement by pledging your personal support, collecting pledges and walking in the **4th Annual Walk for Recovery from Alcohol and Other Drug Addiction**.

Recovery Walks! Will you?

This year at Recovery Walks!

- Live Entertainment
- Children Activities
- Food Court with Hartford's Finest Vendors
- Personal Stories from People in Recovery
- Fruit & Water Provided

EARN TERRIFIC PRIZES FOR YOUR FUNDRAISING EFFORTS

GRAND PRIZE!!!

Top Individual Fundraiser will receive a Personal Home Computer

Collect \$1000 and receive a DVD Player and be eligible for other drawings

Collect \$500 and receive an Assorted Gift Pack and be eligible for other drawings

Collect \$250 and receive a Recovery Walks! 1/4 Zip Sweatshirt

Collect \$100 and receive a Recovery Walks! cap

CCAR

530 Silas Deane Highway Suite 220
 Wethersfield, CT 06109
 1-800-708-9145
www.ccar.us

Registration Requires a \$10 Personal Pledge for Recovery (includes T-shirt)

Name: _____

Address: _____

Street: _____

City, State: _____ Zip: _____

Phone: _____

Email: _____

Check here to be put on CCAR mailing list

I collected pledges as:

1. An Individual

2. A Team Member

Team Name or Captain _____

Waiver: I hereby release the Connecticut Community for Addiction Recovery (CCAR), the City of Hartford, Bushnell Park, all personnel, any co-sponsoring organization or agency from responsibility for any injuries or damages I may incur as a result of my participation in Recovery Walks! I assume all risks associated with this walk including but not limited to falls, traffic, condition of the sidewalk and weather conditions. I hereby certify that I am in good condition and am able to walk in this event. Additionally, I will permit the use of my picture in broadcast, print, etc. This entry is invalid unless signed by the entrant. If entrant is under 18, a parent or guardian must sign entry. An adult must accompany children under 8.

Signature (Parent/Guardian if under 18)

Recovery Walks! Pledge Form

	Name	Address	\$ Amt.
1.	_____	_____	
2.	_____	_____	
3.	_____	_____	
4.	_____	_____	
5.	_____	_____	
6.	_____	_____	
7.	_____	_____	
8.	_____	_____	
9.	_____	_____	
10.	_____	_____	
11.	_____	_____	
12.	_____	_____	
13.	_____	_____	
14.	_____	_____	
15.	_____	_____	
16.	_____	_____	
	Total:		

MEDIA ADVISORY

4th Annual Recovery Walks! CT Celebrates National Recovery Month

More than 5000 will convene at Bushnell Park to offer themselves as living proof that recovery from alcohol and other drug addiction is real.

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What: 4th Annual Recovery Walks! Event

When: Sunday, September 21, 2003 at Bushnell Park. Live music from bands in recovery from 10 am – 2:45 pm, the walk from 1 – 2 pm. Kids activities. Food vendor available or bring your own lunch.

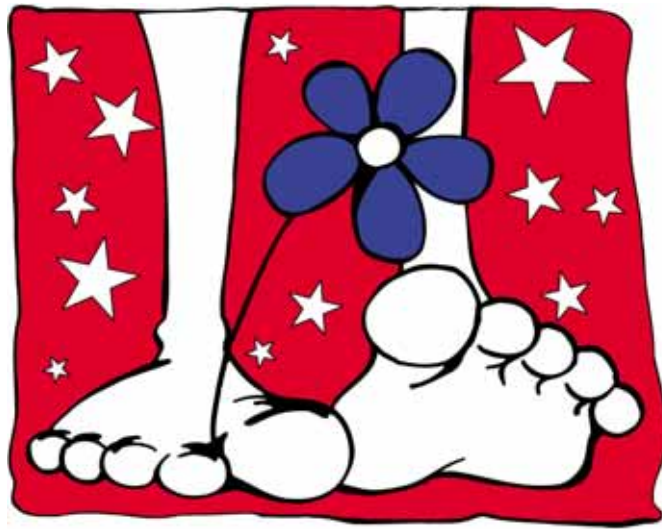
Where: Bushnell Park, Hartford, CT

Contact: Phillip Valentine, (860) 571-2985
phillip@ccar.us , www.ccar.us

Media Opportunities: Inspiring and amazing personal stories of recovery! Live broadcasts from the walk, photo opportunities with more than 3,000 walkers, interview opportunities from people in recovery from alcohol and other drug addiction

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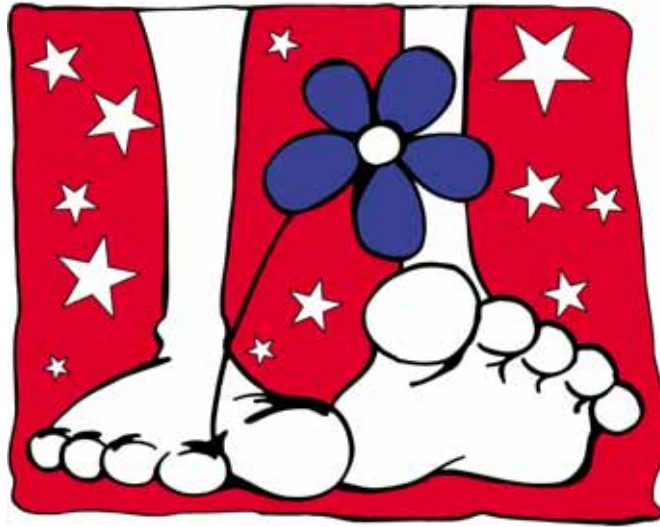
CCAR

Connecticut Community for Addiction Recovery

**(860) 571-2985
www.ccar.us**

Caminata para la Recuperación

Cuarta Caminata Annual para la Recuperación de la Adicción de Alcohol y Drogas



**Domingo 21 de Septiembre del 2003
En el parque Bushnell en Hartford, CT
10 am- 2pm**

Vendedores de comida disponibles o traiga su propio almuerzo

CCAR

Connecticut Community for Addiction Recovery

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SAVE THE DATE!



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ccar

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Guarde La Fecha



Caminata para la Recuperación

Cuarta Caminata Anual para la Recuperación De La
Adicción de Alcohol y Drogas

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Recovery Walks! Will you?

Recovery Walks! 2003

Hi. We held our first planning meeting on March 20th, 2003. We had the opportunity to review the purpose of the walk... I'd like to take a little time and describe my vision for this year's event.

- I am hopeful that we can draw 10,000 people in recovery and in support of recovery from all over Connecticut and beyond.
- I desire that every news station, radio station and newspaper not only cover the walk, but helps us promote it.
- I earnestly long for that point in time where every legislator, judge, prosecutor, businessman and key policy maker that sees Recovery Walks! will completely understand that recovery is a reality in the lives of thousands upon thousands of individuals, families and communities.
- I yearn for the day when their hearts are mightily moved to make a solemn vow that all existing barriers must be removed and that every person still struggling must be given an opportunity to recover.
- My prayer is that every person in early recovery and every person not yet in recovery who attends or hears about Recovery Walks! will be saturated with the power, hope and healing of recovery.
- I envision Recovery Walks! 2003 as being the most dramatic and most powerful large-scale, high-profile **Intervention of Hope** ever hosted anywhere, any time or any place.

Obviously, for this to materialize, I need your help. There are many, many ways you can get involved. Please call the CCAR office if you'd like to help turn our dream into reality.

In the Spirit of Recovery,

Phillip Valentine

This year the walk is scheduled for **Sunday, September 21st, 2003.**