

IS YOUR DRUG COURT FIT FOR RECOVERY? A RECOVERY CHECK-UP

The Recovery Check-Up is a tool that you can use to think about the ways that your program is building bridges to the recovery community and providing opportunities for individuals to achieve and sustain their recovery from addiction. A recovery focus will increase your ability to be successful in getting individuals the support they need while they are in your program and as they transition into the community.

LEADERSHIP

- A vision of long-term recovery for participants is expressed in the Drug Court's mission
- Your Advisory Board includes former participants who are in long-term recovery and community-based representatives of the recovery community
- Your staff and volunteers include people in long-term recovery and their family members
- Your staff are involved in activities that address the social stigma and other forms of discrimination faced by people in recovery with criminal records
- Your staff receives ongoing specific training on addiction and recovery policies and practices including updates on research, support services, community organizations, resources and attend open 12-Step meetings

FAMILY AND SUPPORTER INVOLVEMENT

- Provided an information packet about Drug Court and resources for help
- Involved in putting together the recovery plan
- Provided added incentives for individuals who attend family counseling
- Referred to Al-Anon, recovery community organizations and other supports
- Encouraged to attend Drug Court sessions, meetings and outings and are consulted throughout the individual's participation in Drug Court
- Consulted before the individual graduates about the participant's progress and what they're seeing at home.

SERVICE PHILOSOPHY

- Your Drug Court educates all participants, family members and supporters about the recovery community
- Your Drug Court embraces the importance of individual choice in planning a program for long-term recovery:
 - Choice of goals
 - Choice of treatment methods
 - Choice of service workers
- Your Drug Court embraces the importance of matching and understanding individual participants' characteristics with the methods and services that will best help them get and sustain their recovery

COMMUNITY LINKAGES

- Have a volunteer program that includes people in long-term recovery
- Have an Alumni program that includes participants and their families because families are intimately involved in supporting participants' recoveries.
- Provide and maintain a listing of Twelve Step meetings and other self-help groups
- Provide and maintain linkages with faith-based recovery support resources
- Provide and maintain linkages to secular and other recovery support resources
- Provide and maintain linkages to safe, sober and structured housing opportunities.
- Provide and maintain linkages to "recovery-friendly" jobs, employers and training
- Recovery-oriented questions are included in the Exit Questionnaire and all program evaluation for graduates
- Monitor and assess the percentage of participants who are linked to the recovery community prior to graduation

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The Recovery Factory

Additional Resources

A presentation at the National Association of Drug Court Professionals
June 2007

Books

- *Pathways from the Culture of Addiction to the Culture of Recovery: A Travel Guide for Addiction Professionals*, by William L. White, Hazelden www.amazon.com
- *Partners in Change: The 12-Step Referral Handbook for Probation, Parole and Community Corrections*, by Edward M. Read, Hazelden www.hazelden.org
- *Back to Basics*, by Wally P., Faith With Works Publishing Co. www.faithwithworks.com

Web Resources

- Faces & Voices of Recovery www.facesandvoicesofrecovery.org
 - Guide to Mutual Support Resources
 - Directory of Recovery Community Organizations
- Join Together (www.jointogether.org)
- National Addiction Technology Transfer Centers (www.nattc.org)

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July 2007

