

## **IS YOUR DRUG COURT FIT FOR RECOVERY? A RECOVERY CHECK-UP**

The Recovery Check-Up is a tool that you can use to think about the ways that your program is building bridges to the recovery community and opportunities for individuals to achieve and sustain their recovery from addiction. A recovery focus will increase your ability to be successful in getting individuals the support they need while they are in your program and as they transition out into the community.

### **LEADERSHIP**

- A vision of long-term recovery for participants is expressed in the Drug Court's mission
- Your Advisory Board includes former participants who are in long-term recovery and community-based representatives of the recovery community
- Your staff and volunteers include people in long-term recovery and their family members
- Your staff are involved in activities that are addressing the special stigma and discrimination faced by people in recovery with criminal records
- Your staff receives ongoing specific training on addiction and recovery policies and practices including updates on research, support services, recovery community organizations, resources and attends Open 12-Step meetings

### **FAMILY AND SUPPORTER INVOLVEMENT**

- Receive an information packet about Drug Court and resources for help
- Involved in putting together the recovery plan
- Provide added incentives for individuals who attend family counseling
- Family members are referred to Al-Anon, recovery community organizations and other supports
- Encouraged to attend Drug Court sessions, meetings and outings and are consulted throughout the individual's participation in Drug Court
- Family members and supporters are consulted before the individual graduates

## **SERVICE PHILOSOPHY**

- Your Drug Court educates all participants, family members and supporters about the recovery community
- Your Drug Court embraces the importance of individual choice in planning a program for long-term recovery:
  - Choice of goals
  - Choice of treatment methods
  - Choice of service workers
- Your Drug Court embraces the importance of matching and understanding individual participants' characteristics with the methods and services that will best help them get and sustain their recovery

## **COMMUNITY LINKAGES**

- Have a volunteer program that includes people in long-term recovery
- Have an Alumni program that includes participants and their families
- Provide and maintain a listing of Twelve Step meetings and other self-help groups
- Provide and maintain linkages with faith-based recovery support resources
- Provide and maintain linkages to secular recovery support resources
- Provide and maintain linkages to sober housing services, recovery homes and other housing opportunities
- Provide and maintain linkages to "recovery-friendly" jobs, employers and training
- Recovery-oriented questions are included in the exit Questionnaire and all program evaluation for graduates
- Monitor and assess the percentage of participants who are Linked to a community of recovery prior to graduation

Faces & Voices of Recovery, 1010 Vermont Ave. NW #708, Washington, DC 20005 202.737.0690 (t) [info@facesandvoicesofrecovery.org](mailto:info@facesandvoicesofrecovery.org)

# The Recovery Factory

## Additional Resources

A presentation at the National Association of Drug Court Professionals  
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### Books

- *Pathways from the Culture of Addiction to the Culture of Recovery: A Travel Guide for Addiction Professionals*, by William L. White, Hazelden [www.amazon.com](http://www.amazon.com)
- *Partners in Change: The 12-Step Referral Handbook for Probation, Parole and Community Corrections*, by Edward M. Read, Hazelden [www.hazelden.org](http://www.hazelden.org)
- *Back to Basics*, by Wally P., Faith With Works Publishing Co. [www.faithwithworks.com](http://www.faithwithworks.com)

### Web Resources

- Faces & Voices of Recovery [www.facesandvoicesofrecovery.org](http://www.facesandvoicesofrecovery.org)
  - Guide to Mutual Support Resources
  - Directory of Recovery Community Organizations
- Join Together [www.jointogether.org](http://www.jointogether.org)
- National Addiction Technology Transfer Centers [www.nattc.org](http://www.nattc.org)

### Speaker contact information

Ben Bass, Executive Director  
El Paso Alliance, Inc.  
P.O. Box 9669, El Paso, Texas 7995-9669  
915-594-4700 (t) [bbass@recoveryalliance.net](mailto:bbass@recoveryalliance.net)

Judge Thomas S. Gilbert (ret.), MA  
P.O. Box 1941, Traverse City, MI 49686  
231.590.8800 (t) [tgilbert@chartermi.net](mailto:tgilbert@chartermi.net)

Dan Griffin  
Minnesota Supreme Court  
25 Rev. Martin Luther King Blvd., Suite 105  
St. Paul, MN 55155  
651.215.9468 (t) [Dan.Griffin@courts.state.mn.us](mailto:Dan.Griffin@courts.state.mn.us)

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