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OFFICIALS;

OHIO DEPARTMENT OF
ALCOHOL AND DRUG
ADDICTION SERVICES;
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SERVICES ADAMH BOARD
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OHIO STATE HOUSE OF
REPRESENTATIVE DISTRICT #
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LIUNA LOCAL 423 PRESIDENT
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STATE UNION LEADERS

OTTERBEIN COLLEGE SCHOOL
OF NURSING
BARBARA CORNETT, PhD, R.N.
C.H.E.S., C.N.S., PROFESSOR,
STUDENTS OF THE NURSING
SCHOOL.
Columbus State Community
College Professor
Dan Mc Donald
RECOVERY COMMUNITY

COME HELP US RECOGNIZE THESE
INDIVIDUALS RECEIVING THE
1ST ANNUAL
SISTER IGNATIUS
EXCELLENCE IN SERVICE
AWARD

A/OD HONOREE:
TOM RAMSEYER,
EXECUTIVE DIRECTOR
HOUSE OF HOPE

MENTAL HEALTH HONOREE:
JOHN GILMORE,
CHILlicoTHE REGIONAL VA
CENTER

KEYNOTE RECOVERY
SPEAKER
JUDGE JOHN A. CONNOR

BE PART OF THE SOLUTION.
R.S.V.P. TO 614-471-2552
OR EMAIL WALT ASBURY AT:
wasbury@thewoodsatparksideside.com

HOTDOGS, CHIPS, & SODAS
PROVIDED

JOIN THE VOICES
FOR RECOVERY,
SAVING LIVES, SAVING
DOLLARS

AUGUST 29, 2007
10:30 AM TIL
12:00 NOON

A CELEBRATION
OF NATIONAL
RECOVERY
MONTH
2007

THE WOODS AT
PARKSIDE
AND
OHIO CITIZEN
ADVOCATES

349 OLDE RIDENOUR RD.
GAHANNA, OH 43230
PH 614-471-2552
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“IMPROVING THE BOTTOM LINE: SUPPORTING EMPLOYERS AND EMPLOYEES”

Addiction to alcohol and/or drugs does not just stay in the home; it often spreads into the workplace, causing decreased performance and lower profitability. In 2002, drug use disorders alone contributed to a loss of productivity amounting to \$128.6 billion in the United States.

Moreover, because an addicted individual is often quite adept at hiding his or her addiction, employers and even co-workers may not be able to recognize what is causing the individual's decreased productivity.

Addiction issues do not just cause problems for the individual's work environment, but his or her family members may be having problems at their workplaces as well.

PROMOTE THE MESSAGE THAT RECOVERY IS POSSIBLE.

“GETTING BETTER ALL THE TIME.”

One of the most important things to remember about addiction to alcohol, other drugs and mental illness is this: People can and do recover. If you have a friend with addiction disease or mental illness, or if you have a problem yourself, remember that recovery is possible. Reach out to those around you with compassion, empathy, and understanding.

Here are more things to keep in mind: these conditions can affect anybody regardless of race, ethnicity, gender, age or background. You probably know someone with mental illness or addiction disease.

Everyone deserves the chance for a full recovery.

The stigma associated with mental illness and addiction disease is a big barrier to recovery. If we want to be a truly healthy society, we need to break down the stigma and treat addiction and mental illness like any other chronic health condition.

It starts with you.

WHAT CAN I DO?
INSTEAD OF BLOWING OFF A PERSON'S WORRIES, EXPRESS YOUR INTEREST AND CONCERN. DON'T CHANGE THE SUBJECT WHEN A MENTAL ILLNESS OR ADDICTION DIAGNOSIS COMES UP – ASK QUESTIONS, LISTEN TO IDEAS, AND BE RESPONSIVE. ASK WHAT YOU CAN DO TO HELP. IF OTHER PEOPLE MAKE INSENSITIVE REMARKS, DON'T IGNORE THEM – EDUCATE PEOPLE SO THAT THEY UNDERSTAND THE FACTS ABOUT ADDICTION AND MENTAL ILLNESS, DON'T DISCRIMINATE. TREAT PEOPLE WITH MENTAL ILLNESS OR ADDICTION JUST AS YOU WOULD THOSE WITH ANY OTHER SERIOUS BUT TREATABLE HEALTH CONDITION:

WITH RESPECT, COMPASSION, AND EMPATHY.

IF YOU FIND YOURSELF WITHOUT ANSWERS ENCOURAGE THEM TO SEEK HELP.

WE'RE HERE TO HELP