

Join over 10,000 walkers participating in Recovery Walks in cities across the nation on September 16, 2006!



Friends of Recovery-Vermont  
PO Box 1202  
Montpelier, VT 05601

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Permit 276

1st Annual  
GREEN MOUNTAIN

# Recovery Walk



**Saturday, September 16, 2006**

10 a.m.-1:00 pm

Begins at State House lawn in **Montpelier**

\*Rain or shine

Recovery speakers, honorees, t-shirts for walkers, and entertainment for all ages

Motorcyclists encouraged to participate by leading the recovery walk through Montpelier

Groups and Individuals encouraged to bring signs and banners

Sponsored by  
**Friends of Recovery— Vermont**  
[www.friendsofrecoveryvt.org](http://www.friendsofrecoveryvt.org)



## WHY WALK FOR RECOVERY?

The vision of Friends of Recovery Vermont (FOR-VT) is that “society sees addiction treatment as a heroic and positive effort by the year 2010.”

This year, **FOR-VT ENVISIONS** recruiting hundreds of people to walk through Montpelier, our state capitol, to “put a face on recovery”. We hope that the purpose of the walk will strike a chord that resonates with the heart of the recovering community. This show of support for recovery from alcohol and other drug addiction will paint the recovering community in the light of respect using the broad strokes of **courage, healing, hope and love.**

**JOIN US** in this dramatic display of support for recovery from alcohol and other drug addiction. Over the last eight years, FOR-VT, a private non-profit organization, has taken significant strides in “putting a face on recovery” and has become a well-respected, highly visible and vibrant grassroots organization whose membership includes more than 1,000 people in recovery, family members, friends and allies. We are the faces of your neighbors, business leaders, school teachers, legislators, clergy, police officers and others representative of your community.

**WE BELIEVE** that by being public about our recovery and through the power of our personal stories, we have an incredible potential to become a teaching and healing force. Indeed, by having the courage to proclaim that “recovery from addiction is a reality in our lives”, FOR-VT has helped shape public policy, reduced the stigma surrounding addiction and has actively promoted recovery through all its activities.

**WE NEED YOUR HELP** to remove barriers to recovery and open new doors for those still struggling with addiction. Please support FOR-VT and the recovery movement by pledging your support and walking in the *first annual Green Mountain RECOVERY WALK!*

**RECOVERY WALKS** will take place in over 40 cities across the United States on September 16. Join the thousands of walkers in support of recovery!

**This year at the Green Mountain RECOVERY WALK...**

- Live Musical Entertainment
- Featured Guest Speakers
- Face painting
- Sign/banner making table
- Personal Stories from People in Recovery



T-shirts and water provided for participants

**You can participate in many ways:**

- **Be a Team Captain!** Forming a team is a great way to bring friends and family together for a great cause and a day of fun! If you are interested in forming a team please fill out the Registration form today.
- **Make an Individual Donation!**

Your donation will be vitally important to help:

*Create another large-scale intervention of hope, healing and celebration next year*

*Make available a variety of effective training and resources for people in recovery*

*Ensure Families receive the education, comfort and support they need*

*Carry on recovery advocacy and recovery promotion efforts*

**SPREAD THE WORD!**

TELL EVERYONE YOU KNOW ABOUT THE GREEN MOUNTAIN RECOVERY WALK!  
ASK THEM TO JOIN YOU, CONTRIBUTE OR HELP COLLECT DONATIONS.

**Green Mountain RECOVERY WALK Pledge Form**

Your Name: \_\_\_\_\_  
 Address: \_\_\_\_\_ State: \_\_\_\_\_  
 Zip Code: \_\_\_\_\_ Phone: \_\_\_\_\_  
 E-Mail: \_\_\_\_\_  
 Team Name/Captain \_\_\_\_\_

Sponsor Name	Donation
1. _____	_____
2. _____	_____
3. _____	_____
4. _____	_____
5. _____	_____
6. _____	_____
7. _____	_____
8. _____	_____
9. _____	_____
10. _____	_____
11. _____	_____
12. _____	_____
13. _____	_____
14. _____	_____
15. _____	_____
<b>Total:</b> _____	

\_\_\_ I collected as an individual or \_\_\_ I collected as a team member

Teams or individuals can choose to have 50% of the money they raise donated to a Vermont recovery center. Please check one: \_\_\_ Barre \_\_\_ Bennington \_\_\_ Burlington \_\_\_ Brattleboro \_\_\_ Middlebury \_\_\_ Springfield \_\_\_ Rutland \_\_\_ St. Johnsbury \_\_\_ White River Jct.

**Register Today!**

Complete this form and send it to FOR-VT by mail with a minimum \$10 personal pledge for recovery and receive your 2006 Green Mountain Recovery Walk T-shirt

Name \_\_\_\_\_  
 Address \_\_\_\_\_  
 City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
 Phone \_\_\_\_\_  
 Email \_\_\_\_\_

Select T-shirt size with a minimum \$10 personal pledge

S \_\_\_ M \_\_\_ L \_\_\_ XL \_\_\_ XXL \_\_\_\_\_

Please fill out if already part of a team:

Team Name: \_\_\_\_\_

Team Captain: \_\_\_\_\_

I am unable to attend but here is my donation of \$ \_\_\_\_\_

\_\_\_ I would like to volunteer

*Volunteers will be contacted by FOR-VT staff*

Waiver: I hereby release Friends of Recovery-Vermont, the city of Montpelier, all personnel, any co-sponsoring organization or agency from responsibility for any injuries or damages I may incur as a result of my participation in the recovery walk. I assume all risks associated with this walk including but not limited to falls, traffic, condition of sidewalks and weather condition. I hereby certify that I am in good condition and am able to walk for this event. **Additionally**, I will permit the use of my picture in broadcast, print, etc. This entry is invalid unless signed by the entrant. If entrant is under 18, a parent or guardian must sign entry. An adult must accompany children under 8.

Signature (Parent or Guardian if under 18)

FOR-VT PO BOX 1202 Montpelier VT 05601  
**1 (800) 769-2798**

Please make checks payable to FOR-VT. Please collect all donations in advance and turn in to your team captain or bring your donations to the registration table the day of the RECOVERY WALK or mail donations to FOR-VT Attn: Green Mountain Recovery Walk, PO Box 1202 Montpelier, VT 05601 **Toll Free 1 (800) 769-2798**